



**Success is peace of mind
which is a direct result of
self-satisfaction in knowing
you did your best to become
the best that you are capable
of becoming.**

*John R. Wooden, Head Basketball Coach,
Emeritus, UCLA*

COMPETITIVE GREATNESS

Be at your best when your best is needed. Enjoyment of a difficult challenge.

POISE

Just being yourself. Being at ease in any situation. Never fighting yourself.

CONFIDENCE

Respect without fear. May come from being prepared and keeping all things in proper perspective.

CONDITION

Mental-Moral-Physical. Rest, exercise and diet must be considered. Moderation must be practiced. Dissipation must be eliminated.

SKILL

A knowledge of and the ability to properly and quickly execute the fundamentals. Be prepared and cover every little detail.

TEAM SPIRIT

A genuine consideration for others. An eagerness to sacrifice personal interests of glory for the welfare of all.

SELF-CONTROL

Practice self-discipline and keep emotions under control. Good judgment and common sense are essential.

ALERTNESS

Be observing constantly. Stay open-minded. Be eager to learn and improve.

INITIATIVE

Cultivate the ability to make decisions and think alone. Do not be afraid of failure, but learn from it.

INTENTNESS

Set a realistic goal. Concentrate on its achievement by resisting all temptations and being determined and persistent.

INDUSTRIOUSNESS

There is no substitute for work. Worthwhile results come from hard work and careful planning.

FRIENDSHIP

Comes from mutual esteem, respect and devotion. Like marriage it must not be taken for granted but requires a joint effort.

LOYALTY

To yourself and to all those depending upon you. Keep your self-respect.

COOPERATION

With all levels of your co-workers. Listen if you want to be heard. Be interested in finding the best way, not in having your own way.

ENTHUSIASM

Brushes off upon those with whom you come in contact. You must truly enjoy what you are doing.

THE PYRAMID OF SUCCESS

JOHN WOODEN PYRAMID OF SUCCESS:

1. Give one example of how you show **TEAM SPIRIT** at school.
2. You must be enthusiastic to succeed. How would you describe **ENTHUSIASM**?
3. Write about how **FRIENDSHIP** helps you to succeed.
4. How does John Wooden define **CONFIDENCE**?
5. What is one of your successful **SKILLS**?
6. How do you achieve **COMPETITIVE GREATNESS**?
7. Give one example of your **SUCCESS** at school.